

1 2 3 4 5 6 7 8 9 10

**To figure out your strap size:**

1. Wrap top of sheet around palm so numbers read toward your thumb.
2. tape should wrap around your wrist and end at the bottom of your palm. (wraps approx. one and a half times)
3. Record size and go to:  
**[www.camdapter.com](http://www.camdapter.com)** to place order.

If measurement is less than 8.25",  
please order a small strap.

If you have questions or suggestions,  
please contact:



Jim Garavuso

**[camdapter.com](http://camdapter.com)**

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